# 2023-2024

# **CHECKLIST** OF THE STEPS TO TAKE UPON ARRIVAL

You are arriving in France as a new international student at Université Grenoble Alpes ? Find here 10 steps to take to settle in well, and thus enjoy your stay !

# GETTING INTERNET ACCESS UPON ARRIVAL

Wi-Fi is available in airports, cafés, in the city center, university restaurants and student residences...

Pre-paid sim cards are sold in post offices and tobacco shops.

# ENTERING MY ACCOMMODATION

- Sign the two copies of my rental agreement ('bail').
- Subscribe to a housing insurance with a student insurance company ('mutuelle étudiante'), a bank, or an insurance company.
- Do the entry inventory ('état des lieux d'entrée') with the owner and get my keys.

## OPENING MY BANK ACCOUNT

- Check if my bank in my home country has a partnership with a French bank.
- Prepare my documents: proof of identity, proof of address, and proof of student status if I am already registered.
- Choose my bank and make an appointment at an agency to open my bank account.

#### CONCLUDING CONTRACTS FOR WATER, ELECTRICITY, AND INTERNET

- Choose my providers for electricity, water, and gas if needed.
- Choose my internet provider.

**Good to know:** most student residences already include these charges in the rent. Check with your student residence.

## TAKING OUT CIVIL LIABILITY INSURANCE

- Check whether my housing insurance already includes a civil liability insurance ('responsabilité civile vie privée').
  If not, get it from a student insurance company ('mutuelle étudiante'), a bank, or an insurance company.
- Print my insurance certificate, which can be required for my administrative registration at university.

# **REGISTERING AT UNIVERSITY**

- If it applies to my situation, obtain my CVEC attestation: www.campusfrance.org/en/ > Getting Organised > CVEC
- Validate my **administrative registration** with the 'service de scolarité' of my host faculty or school.
- Pay for the registration fees if it applies to my situation, and get my student card.
- Complete my **academic enrollment** (choice of courses, options...)

#### REGISTERING FOR HEALTH INSURANCE ('SÉCURITÉ SOCIALE')

- Check on https://etudiant-etranger.ameli.fr/#/ if it applies to my situation.
- If it does, I follow the registration procedure, and will obtain my provisional health insurance certificate.
- Complete my file to be able to later obtain my medical card 'carte Vitale'.

# SUBSCRIBING TO A COMPLEMENTARY HEALTH INSURANCE ('MUTUELLE')

Social security covers only part of the medical expenses. To be better reimbursed, subscribe to a complementary health insurance from an insurance company ('mutuelle étudiante' for example).

**Good to know:** If I have a limited budget, and am registered with French state health insurance, I can apply to the 'Complémentaire Santé Solidaire' from the CPAM.

# APPLYING FOR CAF HOUSING ALLOWANCE

If I am staying in France for more than 3 months, I can ask for a financial help to pay for my rent at the CAF ('Caisse d'Allocations Familiales') as soon as I move in.

international.univ-grenoble-alpes.fr/getting-organized/ > Accommodation > CAF housing allowance www.caf.fr/

#### VALIDATING MY VISA OR APPLYING FOR A RESIDENCE PERMIT

Follow the procedure that corresponds to the type of my visa: international.univ-grenoble-alpes.fr/getting-organized/ > Visas and residence permits

**Good to know:** This procedure must be completed within 3 months after my arrival.

## FIND OUT MORE +

- Visit the UGA international web portal > international.univ-grenoble-alpes.fr/getting-organized/
- Section The steps of your stay

#### **NEED HELP?**

Contact the International Students & Scholars Office (ISSO) In Grenoble : isso@univ-grenoble-alpes.fr In Valence : isso-valence@univ-grenoble-alpes.fr

