

CORONAVIRUS INFORMATION

COVID-19

**FOR THE PROTECTION OF ALL,
FOLLOW THESE SHIELDING MEASURES**



**Regularly wash your hands
or use hydroalcoholic gel**



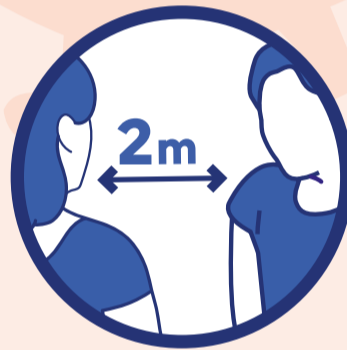
**Cough or sneeze into your elbow
or into a tissue**



**Use single-use tissues and
throw them away after use**



**Wear a category 1 surgical
or fabric mask when it is not
possible to respect
two-meters distancing**



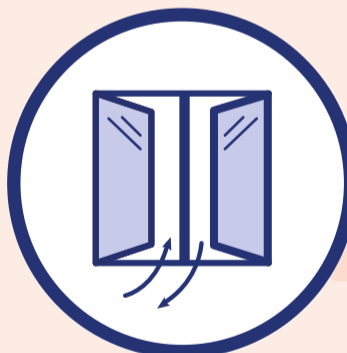
**Keep a distance of at least two
meters between you and others**



**Restrict your social contacts
(6 at most)**



**Avoid touching
your face**



**Air rooms as often as possible,
at least a few minutes every hour**



**Greet without handshakes
or hugs/kisses**



Use the digital tools (TousAntiCovid)

