# PREVENTIVE HEALTH CHECK-UP

## International students — Valence — 2025

A free preventative health check-up is offered by the "Centre Santé Jeunes" (Valence Youth Health Centre) as part of your long-stay visa validation.

The health check-up includes:

– A preventive medical examination
– A chest x-ray for tuberculosis detection

**1 Register for health insurance ("Assurance Maladie")**

Find out if you are eligible on https://etudiant-etranger.ameli.fr/#/
Subscribe to a complementary health insurance policy

**2 Make an appointment at the Centre Santé Jeunes (CSJ)**

Centre Santé Jeunes
13-15 Place Latour-Maubourg     04 75 56 62 11
Valence     centresantejeunes@mairie-valence.fr

**3 Have your preventive medical examination**

Bring the following documents to your appointment at the Centre Santé Jeunes:
– Your temporary social security certificate
– Proof of complementary health insurance, if available
– Your immunization (vaccination) record, if available
A voucher will be given to you by the CSJ for your free chest x-ray.

**4 Make an appointment at a radiology center**

Indicate that you are making an appointment as part of the tuberculosis detection program which is organized by the Centre Santé Jeunes.

**5 Take your chest x-ray**

Bring the document given to you by the Centre Santé Jeunes to your appointment.
In the case that tuberculosis is detected, you will automatically be contacted by the CSJ.

**A question?**

International Students & Scholars Office (ISSO) Valence
isso-valence@univ-grenoble-alpes.fr