# **PREVENTIVE HEALTH CHECK-UP**

## International students

Valence



A free preventative health check-up is offered by the "Centre Santé Jeunes" (Valence Youth Health Centre) as part of your long-stay visa validation.

The health check-up includes:

- A preventive medical examination
- A chest x-ray for tuberculosis detection

## **1** Register for health insurance ("Assurance Maladie")

Find out if you are eligible on <u>https://etudiant-etranger.ameli.fr/#/</u> Subscribe to a complementary health insurance policy (optional but recommended)

## 2 Make an appointment at the Centre Santé Jeunes (CSJ)

#### **Centre Santé Jeunes**

13-15 Place Latour-Maubourg Valence

04 75 56 62 11 centresantejeunes@mairie-valence.fr

### Have your preventive medical examination

Bring the following documents to your appointment at the Centre Santé Jeunes:

- Your temporary social security certificate or RAMQ form (Québec)
- Proof of complementary health insurance, if available
- Your immunization (vaccination) record, if available

A voucher will be given to you by the CSJ for your free chest x-ray.

## 4 Make an appointment at a radiology center

Indicate that you are making an appointment as part of the tuberculosis detection program which is organized by the Centre Santé Jeunes.

## Take your chest x-ray

Bring the document given to you by the Centre Santé Jeunes to your appointment. In the case that tuberculosis is detected, you will automatically be contacted by the CSJ.

#### A question?

International Students & Scholars Office (ISSO) Valence

isso-valence@univ-grenoble-alpes.fr





